

The role of a YogaMobility trustee

To be a Trustee of an organisation is an exciting and fulfilling role. The most effective Boards are ones which benefit from individuals from a diverse range of backgrounds, experiences and skill sets. The role of a Trustee is to ensure that YogaMobility fulfils its legal requirements in charity law, its duty to its beneficiaries and delivers on its vision, mission and values.

Vision

To provide enough affordable yoga-based classes for any adult with a physical, learning or mental health problem, within our local area, who wishes to attend.

Mission

YogaMobility is a charity based in Cardiff providing a programme of yoga-based practice and education specifically designed for people with any disability or health problem. Our experienced tutors and committed volunteers run a number of specialist classes for adults with disabilities.

Values

- We believe that everyone is of equal value.
- We emphasise a person's ability over any disability.
- We work together to create an inclusive and supportive community.
- We strive to inspire people to change their lives and to live life to their full potential.

The statutory duties of a trustee are

- To ensure the organisation operates within the terms of charity law and guidance, and complies with its governing document
- To ensure the organisation applies its resources exclusively in pursuance of its objectives - the charity must not spend money on activities which are not included in its own objectives, no matter how 'charitable' and 'worthwhile' those activities are.
- To contribute actively to the Board of Trustees' role in giving firm strategic direction to the organisation, setting overall policy, defining goals and setting targets and evaluating performance against agreed targets.
- To safeguard the good name and values of the organisation.
- To ensure the effective and efficient administration of the organisation.
- To ensure the financial stability of the organisation.
- To protect and manage the property of the organisation and to ensure the proper investment of the organisation's funds.

In addition with other trustees to hold the charity "in trust" for current and future beneficiaries by:

- Ensuring that the charity has a clear vision, mission and strategic direction and is focused on achieving these.
- Being responsible for the performance of the charity and for its "corporate" behaviour; ensuring that the charity complies with all legal and regulatory requirements.
- Acting as guardians of the charity's assets, both tangible and intangible, taking all due care over their security, deployment and proper application.

- Ensuring that the charity's governance is of the highest possible standard.

As well as the various statutory duties, any trustee should make full use of any specific skills, knowledge or experience to help the board make good decisions.

The above list of duties is indicative only and not exhaustive. The Trustee will be expected to perform all such additional duties as are reasonably commensurate with the role.